HPE Program Course Requirements	(Beginning Fall 2024)
---------------------------------	-----------------------

Course No.	Course Name	Credits	MGR	Sem	Grade	Notes
HPE 140	Foundations: Physical Education and Exercise Science	3	B-			
HPE 200W	Promoting Health and Well-Being in Schools	3	B-			
HPE 210	Nutrition Education	3	B-			
HPE 213	Movement Exploration for Children	3	B-			
HPE 243	Motor Development and Motor Learning	3	B-			
HPE 300	Health Education and Health Promotion Pedagogy	3	B-			
HPE 301W	Principles of Teaching Activity	3	B-			
HPE 314	Middle School Activities	3	B-			
HPE 315	High School Activities	3	B-			
HPE 325	Assessment in Health and Physical Education	3	B-			
HPE 340	Sexuality Education	3	B-			
HPE 409	Adapted Physical Education	3	B-			
HPE 410	Managing Stress and Mental/Emotional Health	3	B-			
HPE 413	Practicum in Elementary Physical Education	3	B-			
HPE 414W	Practicum in Secondary Physical Education	3	B-			
HPE 415	Teaching/Assessment in Adapted Physical Education	3	В-			
HPE 417	Practicum in Elementary Health Education	3	B-			
HPE 418	Practicum in Secondary Health Education	3	B-			
HPE 428	Educational Kinesiology and Exercise Physiology	3	B-			
HPE 423W	Student Teaching Seminar in Health and Physical Education	2	B-			
HPE 425W	Student Teaching in Health and Physical Education	7	S			
HPE 431	Drug Education	3	B-			
HPE 444	Practicum in Adapted Physical Education	3	B-			
Program Credits		72				
	Cogna	ates				
BIOL 201 and 202	Human Anatomy and Physiology I	4	С			
BIOL 203 and 204	Human Anatomy and Physiology II	4	С			

CEP 215	Introduction to Educational	4	B-		
	Psychology				
FNED 101	Introduction to Teaching and	2	B-		
	Learning				
FNED 246	Schooling for Social Justice	4	B-		
SPED 333	Introduction to Special Education: Policies/Practice	3	B-		
TESL 401	Introduction to Teaching Emergent Bilinguals	4	B-		
Cognate Credit To	otal	25			
	General E	ducation			
RIC 100	RIC 100	1	Р		
FYW	First Year Writing	4	B-		
FYS	First Year Seminar: Student choice	4	Р		
MATH	Student choice	4	Р		
LITERATURE or LANGUAGE	Student choice	4	Р		
HISTORY or PHILOSOPHY	Student choice	4	Р		
SOCIAL BEHAVIORAL	CEP 215	X	B-		
ART	Student choice	4	B-		
NATURAL SCIENCE	BIO 201 (lecture) and 202 (lab)	X	C		
ELECTIVE	BIO 203 (lecture) and 204 (lab)	Х	С		
CONNECTIONS	Student choice (Prerequisite FYW & FYS)	4	Р		
General Education Credit Total		41 (29)			
HPE Degree Total Credits		122			
5					

HPE Sequence of Courses

Fall 1			Spring 1	
FYW : First Year Writing - Must take 1 st	4	Admission	FYS: Student choice	4
semester (B-)		to FSEHD		
MATH: Student choice	4	After	FNED 246: Prereq 12 credits; FYW (B-);	4
		Spring 1	FNED 101 (B-)	
FNED 101	2		RIC 100	1
HPE 140	3		HPE 243	3
HPE 200W	3	-	HPE 210	3
	16			15
Fall 2			Spring 2	
HPE 410 Prerequisite 30 credits	3		SOCIAL/BEHAVIORAL: CEP 215 Minimum grade B-	4

HPE 213	3		HPE 340 Prereq 24 credits	3
HPE 301W Prereq Admission to FSEHD	3	-	ELECTIVE GEN ED: BIO 203 & 204	4
HISTORY/PHIL: Student choice	4		SPED 333 Prereq HPE 300 or 301W; Admission to FSEHD	3
NATURAL SCIENCE: BIO 201 & 202	4	-	HPE 300 Prereq Admin. To FSEHD	3
	17			17
Fall 3			Spring 3	
HPE 325 Prereq HPE 301W & HPE 300	3	Praxis Exam(s)	HPE 413 Prereq HPE 314	3
HPE 314 Prereq HPE 301 & HPE 213	3		HPE 417 Prereq HPE 325	3
ART: Student choice	4		HPE 431 Prereq HPE 300W	3
HPE 428 Prereq BIO 201-204	3		HPE 315 Prereq HPE 314	3
LIT/LANG: Student choice	4		HPE 409 Prereq SPED 333, concurrent enroll or completion of 413	3
	16			15
Fall 4			Spring 4	
HPE 414 Prereq 315	3	RSTI due End of Fall	HPE 444 (Early Spring Only)Prereq HPE 415	3
HPE 418 Prereq HPE 417	3	4	HPE 423 concurrent enrollment in HPE 425	2
HPE 415 Prereq HPE 409	3		HPE 425W concurrent enrollment in HPE 423; Prereq approved RSTI	7
TESL 401 Prereq FNED 246; a practicum as a co-requisite or prerequisite	4]		·
CONNECTIONS: Student choice	4			
	17			12

Program Notes and Requirements: **Bold** indicates General Education course.

Students are "Intended HPE Majors" until admitted to FSEHD. Apply on Anthology. Students apply for Student Teaching with a Readiness for Student Teaching/Internship (RSTI) application on Anthology.

Students must take Praxis as part of the RSTI application.