

Kristen R. Pepin, Ph.D.

Work Contact:

Rhode Island College
600 Mt. Pleasant St.
Murray Center 130
Providence, RI 02908

kpepin@ric.edu
401-456-8046

Education

Ph.D., Education

May 2022

Major Professor: Paul LaCava, Ph.D.

University of Rhode Island and Rhode Island College – Providence, RI

Dissertation Research: *An Interpretative Phenomenological Study of Undergraduate Student Wellness: Exploring Generation Z Student Wellness Experiences During the COVID-19 Pandemic*

Certification in Adapted Physical Education

May 2015

Rhode Island College – Providence, RI

M.Ed., Physical Education

August 2011

Plymouth State University – Plymouth, NH

- Concentration: Adventure Education
- Capstone Project: *Implementing Adventure and Movement into Elementary Science and History: An Activities Guide*

B.S. with Honors, Physical Education

January 2006

Rhode Island College – Providence, RI

B.S. with Honors, Health Education

January 2006

Rhode Island College – Providence, RI

Employment & Experiences

Higher Education Teaching Experience

Assistant Professor

2010-2022

Feinstein School of Education, Department of Health & Physical Education

Rhode Island College – Providence, RI

PK-12 Teaching Experience

Preschool Physical Education Teacher

2013-2021

Henry Barnard Laboratory School – Providence, RI

Summer Physical Education Teacher

2017-2019

Ponaganset High School – Glocester, RI

Coaching & Leadership Experience

Gymnastics Camp Coordinator Rhode Island College – Providence, RI	2022
Competitive & Recreational Gymnastics Coach, Department Manager, Camp Director Ocean State School of Gymnastics – Lincoln, RI	2010-2018
Eagle Gymnastics – Canandaigua, NY	2006-2009
Ocean State School of Gymnastics – Lincoln, RI	1998-2006

Certifications

All Grades Health Teacher, Grades PK-12 RI Department of Education	2006-2022
All Grades Physical Education Teacher, Grades PK-12 RI Department of Education	2006-2022
All Grades Adapted Physical Education Teacher, Grades PK-12 RI Department of Education	2015-2022

Scholarship & Professional Engagement**Service to Rhode Island College**

- Courses taught: FYS 100: First Year Seminar (2016, 2020, 2023)
- Represented department on Council of RIC (2022-2023)
- Mentored Athletics Teams: Women's Swim (2016-2023), Men's Tennis (2016-2021)
- Coordinated campus-wide weekly Wellness Walks as a service-learning project for HPE 421 students (2022)
- New student and Transfer Orientation Advisor (2019-2022)
- Chaired Athletics, Intramurals, and Recreation Committee (2022), Member (2016-2022)
- Volunteered to assist students on Move in Day (2019)
- Faculty volunteer, RIC Senior BBQ (2018-2019)
- Member of Campus Security Authority (2016-2019)
- Marshal, RIC Graduation (2016, 2018-2019)

Service to RIC Feinstein School of Education & Human Development

- Courses taught: FNED 101: Introduction to Teaching and Learning (2020-2022)
- Chaired Feinstein School of Education and Human Development Diversity and Culture Committee (2022-2023)
- Coordinated Feinstein School of Education and Human Development Retention Events: Community Building Cupcake Social and Resource Fair (2022)
- Co-Chaired Feinstein School of Education and Human Development Student Culture Committee (2021-2022)
- Co-created and piloted FSEHD Student Culture Survey (2022)
- Member of HBS Classroom Fit-Out Committee (2019)
- Student Representative for PhD Student Advisory Committee (2018-2020)
- Member of Disappearing Task Force Committee (2017)

Service to RIC Department of Health and Physical Education

- Courses taught:
 - Coaching Skills and Tactics
 - Conditioning for Personal Fitness
 - Educational Gymnastics
 - Elementary Activities
 - Elementary Physical Education Practicum
 - Evaluation and Measurement in Physical Education
 - Foundations of Movement
 - Foundations of Wellness and Health Promotion
 - Foundations: Physical Education and Exercise Science
 - Group Exercise Instruction
 - High School Activities
 - Internship in Community Health
 - Internship in Movement Studies and Recreation
 - Internship in Wellness and Exercise Science
 - Introduction to Movement Sciences
 - Introduction to Recreation in Modern Society
 - Kinesiology
 - Methods and Materials in Elementary School Health Education and Physical Education
 - Motor Learning
 - Practicum in Movement Studies and Assessment
 - Practicum in Secondary Physical Education
 - Principles of Teaching Activity
 - Rhythmic Movement
 - Science of Coaching
 - Seminar in Movement Studies and Recreation
 - Seminar in Wellness and Exercise Science
 - Senior Lecture: Wellness and Exercise Science
 - Student Teaching in Physical Education
 - Wellness for the Young Child
- Course Co-taught:
 - Elementary Activities
 - First Year Seminar
 - Practicum in Secondary Physical Education
 - Rhythmic Activities
 - Wellness for the Young Child
- Course creation
 - Educational Gymnastics
 - Elementary Activities
 - Foundations of Wellness and Health Promotion
 - Group Fitness Instruction
 - Infant Toddler Health and Wellness
 - Internship in Movement Studies and Recreation
 - Internship in Wellness and Exercise Science

- Introduction to Recreation in Modern Society
- Practicum in Movement Studies and Assessment
- Seminar in Movement Studies and Recreation
- Seminar in Wellness and Exercise Science
- Senior Lecture: Wellness and Exercise Science
- Coordinated course collaborations within HPE Department: HPE 325/243, HPE 102/421, HPE 419/421, HPE 102/301, HBS/HPE 313, HBS/HPE 421
- Academic Advisement for B.S., Health and Physical Education, B.S., Wellness and Exercise Science, Minor in Coaching (2012-2023)
- Authored RI Department of Education PE Program Accreditation Report (2022-2023)
- Coordinated Elementary School PE Practicum placements (2023)
- Evaluated secondary admissions applications for Feinstein School of Education and Human Development for PE majors (2022-2023)
- Coordinated PE faculty course loads and schedules (2022-2023)
- Assisted in finding and securing adjunct faculty for PE program (2022-2023)
- Updated and approved PE program course schedule (2022-2023)
- Counseled prospective students and fielded questions in PE and WES (2022-2023)
- Fielded questions about the PE program for Credential Review Pathway (CRP) candidates, second degree candidates (2022-2023)
- PE program faculty liaison for HPE Department Chair, Dean's Office, and Information Technology Services (2022-2023)
- Co-managed data collection, management, and analysis for PE Program in Google, SharePoint, and Chalk and Wire (2022-2023)
- Served as an Undergraduate Honors Committee Member for a Community and Public Health Promotion undergraduate student (2022-2023)
- Led PE program curriculum and key assessment re-alignment to RI Professional Teaching Standards (RIPTS), RI PE Standards (RIPES), RI Department of Education Initiatives, Prep-RI Standards, Society of Health and Physical Educators National PE Teacher Education Standards (SHAPE), Feinstein School of Education and Human Development Outcomes (FSEHD), and RIC PE Program Outcomes (2022-2023)
- Evaluated Readiness for Student Teaching and Internship portfolio applications for PE majors (2022-2023)
- Represented HPE Department at RIC Council (2022-2023)
- Active participant in program coordinator meetings (2022-2023)
- PE Program Coordinator (2022-2023)
- Lead PE program faculty meetings (2022-2023)
- Managed and reviewed advisee and student success plans (2021-2023)
- Sunshine Committee, Chair (2016-2023)
- Researched and secured community partnerships for B.S., Community Health and Wellness and B.S., Wellness and Exercise Science (2016-2023)
- Supervised Health and PE Department Graduate Assistant (2021-2023)
- Internship Coordinator for B.S., Wellness and Exercise Science (2020-2023)
- College Supervisor: Community Health and Wellness and Wellness and Exercise Science Practicum students (2016-2023)
- College Supervisor: Community Health and Wellness and Wellness and Exercise Science Interns (2016-2023)

- Active participant in department level meetings and program level meetings (2010-2023)
- Coordinated RIC Careers in Wellness and Exercise Science Panel Discussion (2020, 2023)
- Advised incoming and transfer students at orientation (2019-2023)
- Coordinate Department Retention Events: Welcome Back Lunch (2016-19, 2022)
- Co-coordinated HPE External Advisory Committee Meeting (2022)
- Reviewed and summarized 2021 External Reviewer PE Report for department and FSEHD (2022)
- Authored PE External Advisory Committee surveys (2022)
- Assisted with High School PE practicum placements (2022)
- Co-authored PE Program Annual Review Report (2022)
- Co-lead PE program faculty meetings (2022)
- Reviewed PE Program Continuous Quality Improvement Plan and co-authored updates (2022)
- Co-authored HPE Department Diversity, Equity, and Inclusion Statement (2022)
- Co-authored WES Program Diversity, Equity, and Inclusion Student Survey (2022)
- Faculty Advisor, Wellness and Exercise Science Club (2022)
- Supervised PE Equipment Inventory (2022)
- Assisted with data management and analysis for B.S., PE RI Department of Education Accreditation (2019-2022)
- College Supervisor for PE student teachers (2021)
- Co-Authored Wellness and Exercise Science Internship Manual Revision (2021)
- Faculty Advisor, Health and Physical Education Club (2011-2022)
- Faculty Department Representative: RIC Open House (2016-2019, 2022), RIC Accepted Students Day (2016-19)
- Co-authored Wellness and Exercise Science Program Task List (2020)
- Co-authored Wellness and Exercise Science Internship Manual (2020)
- Assisted with Wellness and Exercise Science rubric development for Continuous Quality Improvement (2020)
- Faculty Advisor for the HPE Department Graduate Assistant FYI's for HPE, WES, & CPHP Event (2020)
- Supervised Department Internship Coordinator (2019-2020)
- Co-authored Wellness and Exercise Science program outcomes (2019)
- Assisted in Wellness and Exercise Science program website redesign (2019)
- Contributed to B.S., Wellness and Exercise Science program rename and redesign (2019)
- Co-authored Wellness and Exercise Science Continuous Quality Improvement plan (2019)
- Mentored CHW Interns for Poster Presentations (2016-2019)
- Internship Coordinator for B.S. Community Health and Wellness, Concentration in Wellness and Movement Studies (2016-2019)
- Faculty Advisor for student presentations: RIC Emerging Leaders, RIC Preschool Collaborative (2016, 2018-2019)
- Graduate Assistant Search Committee Member (2018-2019)
- Mentored one-year term faculty (2017-2019)
- Coordinated, marketed, and supervised Community Health and Wellness Internship Showcase Event (2016-2019)
- Contributed to the HPE program revision process (including curriculum mapping, program alignment, outcome revisions, course revisions, and course creations) (2017-2019)
- Community Health and Wellness Committee Member (2016-2018)

- Assisted in Council for the Accreditation of Educator Preparation & RI Department of Education Accreditations (2016-2018)
- Wellness and Movement Studies Committee Member (2018)
- Faculty Search Committee Member (2016-2018)
- Faculty Search Chair (2017)
- Assisted with data collection and analysis for Community Health and Wellness, Wellness and Exercise Science, and PE programs (2017-2018)
- Contributed to the Community Health and Wellness program revision process (including curriculum mapping, program alignment, outcome revisions, course revisions, and course creations) (2018)
- Community Health and Wellness Internship Coordinator search committee member (2018)
- Participated in HPE Department External Advisory Committee Meeting (2015)
- Supervised PE Independent Study, three students (2013)
- Served as HPE department contact for website revisions (2011)

Professional Service

- RIC School Contact for New England Chapter of the American College of Sports Medicine (2016-2020)
- Reviewed abstracts for New England Chapter of the American College of Sports Medicine fall meeting (2018)

Service to the Community

- Coordinated student volunteers with community partner for the Human Kinetics Senior Testing data collection, North Providence, RI (2023)
- Concession stand worker and field crew Waves 12U Softball Tournament, West Greenwich, RI (2022)
- Assisted in annual community food basket assembly with America's Best Defense, North Attleboro, MA (2013-2022)
- Organized Cocoa for Koalas Fundraiser for Australian wildfires (2020)
- Volunteered for Community Elementary School, Cumberland, RI (2017-2019)
- Coordinated Community Health and Wellness (CHW) student weekly presentations to Special Olympics RI athletes (2016-2019)
- Volunteer reader for Reading Week at Henry Barnard School (HBS), Providence, RI (2016-2019)
- Volunteered for at Henry Barnard School Fun/Field Day, Providence, RI (2014-2019)
- Volunteered for RIC MLK Day of Service (2018)
- Co-coordinated RIC Community Health and Wellness student interviews on the Special Olympics Rhode Island Magazine TV Show, November and December recordings (2018)
- Coordinated student volunteers with Blackstone Valley Prep, HBS, and a local homeschool group (2017-2018)
- Coordinated fitness and health promotion workshops to group homes, Providence, RI (2017)
- Co-planned physical activity sessions for the Especially for Youth (EFY) for a Day Conference, Boston, MA (2017)
- Volunteered for St. Mary's Sacred Heart School, North Attleboro, MA (2017)
- Coordinated Henry Barnard School Dance Day for National PE & Sport Week (2016-2017)
- Coordinated HPE student volunteers with Portsmouth Public Schools STEM Week Portsmouth RI (2016)
- Coordinated CHW student volunteers for the Salvatore Mancini Center Health and Wellness Fair (2016)
- Coordinated CHW student volunteers for the RI BOKS program (2016)
- Volunteered at St. Mary's Sacred Heart Elementary School, North Attleboro, MA (2016)

- Mentored for Scituate High School Senior Capstone Project, Scituate, RI (2016)
- Participated in the Let's Move! Childcare Initiative, Nationwide Initiative (2012)

Professional Engagement

Presentations

Pepin, K. (2022). *Icebreakers and Teambuilding for Campers*. Presentation for Ocean State School of Gymnastics Summer Camp Counselors. Lincoln, RI.

Pepin, K. (2022). *Prioritizing Self and School in Preparation for Midterms*. Presentation to RIC A.L.L.I.E.D group. Rhode Island College. Providence, RI.

Pepin, K. (2018). *Health and Wellness Outside of Martial Arts*. Presentation at America's Best Defense. North Attleboro, MA.

Pepin, K. (2018). *Group Management and Teambuilding Strategies for Coaches*. Presentation for Ocean State School of Gymnastics whole staff meeting. Lincoln, RI.

Pepin, K. (2018). *Interactive Workshop Instruction*. Presentation for Social Enterprise Greenhouse. Providence, RI.

Pepin, K. (2017). *Integrating Movement into Elementary Science and Social Studies*. Presentation for Rhode Island College ECED 429 students. Providence, RI.

Pepin, K. (2016). *Integrating Movement into Elementary Science and Social Studies*. Presentation for Rhode Island College ECED 429 students. Providence, RI.

Pepin, K. (2016). *Building Resiliency Through Play*. Presentation at the Rhode Island College Promising Practices Conference. Providence, RI.

Pepin, K. (2014). *The Hunt for Activities that Incorporate Technology, Physical Activity, and Academic Content!* Presentation at the Rhode Island Association for Health, Physical Education, Recreation, and Dance (RIAPERD) Conference. Providence, RI.

Cummings, C., Johnson, K., & **Pepin, K.** (2012). *Kinesthetic Connections for Middle School Aged Students*. Presentation at the Rhode Island College Promising Practices Conference. Providence, RI.

Publications

Vaccaro, A. M., **Pepin, K. R.**, Hussein, A., Iula, S., Amelotte, W. K., Giacaolone, M. D. (in review). Tensions and lessons learned: An intensive community-based evaluation of a local charter school. In R. Hos (Eds.) *Co-constructing and sustaining service learning in a doctoral program*. IGI Global.

Pepin, K. R. (2022). *An interpretative phenomenological study of undergraduate student wellness: Exploring generation Z student wellness experiences during the COVID-19 pandemic* (Doctoral dissertation, University of Rhode Island & Rhode Island College). ProQuest Dissertations.

Pepin, K. R., & Sawyer, J. C. (2022). The value of wellness-related courses in higher education. *Building Healthy Academic Communities Journal*, 6(1), 63-71.

Vaccaro, A., Perrelli, K. M., Amelotte, W. K., Hussein, A. H., Giacalone, M. D., **Pepin, K. R.**, & Rambur, S.C. (2019). *Nowell leadership academy qualitative evaluation report*. A report submitted to the Nowell Leadership Academy.

Cummings, C. & **Pepin, K.** (2018). Findings and recommendations, year 5 report (2013-2018): RI healthy youth initiative: Promoting adolescent health through policy and program improvement, exemplary sexual health education, access to sexual health services and establishing safe and supportive environments. Providence, RI: Rhode Island Department of Elementary and Secondary Education.

Cummings, C. & **Pepin, K.** (2018). Healthy youth initiative year 5 survey report: Gains, gaps and going forward briefs. Providence, RI: Rhode Island Department of Elementary and Secondary Education.

Professional Development

Local and Professional Organizations

- Watched Values- Based Leadership Series presented by Coach Mike Krzyzewski, Master Class, 2023
- Watched Building and Maintaining a Humanized Classroom webinar, National Education Association, 2022
- Watched But You're Wrong: Navigating Disagreements recorded webinar, Association for Experiential Education, 2022
- Attended An Autistic and a Neurotypical: A Relationship Based on Acceptance and Understanding webinar, Rhode Island College, 2022
- Viewed High Impact Practices and Preparing Engaged Citizens in the Context of Work Ready Graduates webinar, Association of American Colleges and Universities (recording from June 23, 2021) and Kaplan Media, 2022
- Participated in Diversity and Inclusion Think Tank, Rhode Island College Faculty Center for Teaching and Learning, 2022
- Watched NEACSM Industry-Presented Webinar: Increase Motivation and Engagement with Wearable Technology, American College of Sports Medicine, 2021
- Watched AEE 2021 Webinar Series & Workshop: Make Zoom Work for You! Tips and Tools for Facilitating on Zoom
- Watched Teacher Toolbox Webinar Series: 7 Ways to Build a Trauma-Responsive Classroom, Kappa Delta Pi, 2021
- Watched Teacher Toolbox Webinar Series: Change Agency is Not for the Faint of Heart: 4 Steps to Strengthen Your Resolve, Kappa Delta Pi, 2021
- Completed Sticks and Stones: Understanding Implicit Bias, Microaggressions, and Stereotypes modules, National Education Association, 2021
- Participated in and earned certificate of completion for Racing Up Webinar, National Education Association, 2021
- Participated in Smartbook Trainings, McGraw Hill Connect, 2020
- Participated in Introduction to Online Adventure, Project Adventure, 2020
- Attended Finkelstein Lecture featuring Alfie Kohn, University of Rhode Island, 2019

- Active Shooter Training, America's Best Defense, 2018
- Hip Hop and Culturally Relevant Pedagogy Lecture, University of Rhode Island, 2018
- American College of Sports Medicine, New England Chapter Fall Meeting, 2018
- Attended RI Healthy Schools Coalition Breakfast and Workshop, 2017
- Collaborative Institutional Training Initiative (CITI) Training, 2018

Rhode Island College

- Participated in FSEHD RI Department of Education Accreditation Report work sessions, 2022
- Participated in Faculty Center for Teaching and Learning Diversity and Inclusion Think Tank, 2022
- Attended Implicit Bias Workshop, 2021
- Participated in Faculty Center for Teaching and Learning Virtual Workshops, 2020
- Participated in Distance Learning Training: Zoom, Blackboard, and Google, Faculty Center for Teaching and Learning, 2020
- Participated in Starfish Training, 2019
- Attended The How to of Peer Review Training, 2019
- Participated in First Year Seminar Workshop, 2016, 2019
- Attended Active Shooter Training, 2018
- Attended Blackboard Training, 2018
- Attended Apple Education Training Workshop, 2018
- Attended NVivo Training, 2017
- Attended FSEHD Faculty Annual Retreat, 2010-2022
- Attended Girls & Women in Sports Day Activity, 2017
- Participated in Writing Development Workshop, 2016-2017, 2020, 2022
- Attended LGBTQ Workshop, 2016
- Participated in Quality Matters Rubrics Training, 2016
- Participated in Promising Practices Conference, 2016
- Attended Google Classroom & Technology Workshop, 2016

Professional Memberships

- Association for Experiential Education, 2019-current
- National Education Association of RI, 2019-current
- American College of Sports Medicine, 2016-current
- Kappa Delta Pi, 2006-current
- RI Association of Health, Physical Education, Recreation, and Dance, 2016-17

Honors, Recognitions, & Awards

Rhode Island College

- Committee on College Lectures Awards:
 - \$400 to fund Careers in WES Panel Discussion, 2022
 - \$400 to fund Careers in WES Panel Discussion, 2019
- Most Valuable Professor, Student-Athlete Award, 2018-2019
- RIC National Society of Leadership and Success for Excellence in Teaching Award, 2018